

Mitchell Middle School

SEPTEMBER 2009

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| | Nacho Grande Baked Tortilla Chips Steamed Corn Pears | Popcorn Chicken Baked Macaroni & Cheese Steamed Broccoli Orange Slices | Pork Fritter Mashed Potatoes Pork Gravy Steamed Mixed Vegetables Pineapple | Pizza Fresh Vegetables with Ranch Fruit Cocktail Chocolate Pudding |
| 7 | 8 | 9 | 10 | 11 |
| HOLIDAY | Mini Corn Dogs Baked Curly Fries Steamed Peas Apple | Tator Tot Casserole WW Dinner Roll Steamed Baby Carrots Mandarin Oranges | Chicken Sandwich Pork 'n' Beans Steamed Broccoli with Cheese Sauce Banana | Beef Fiestada Dinner Salad with Ranch Steamed Green Beans Peaches Ice Cream |
| 14 | 15 | 16 | 17 | 18 |
| Chicken Nuggets Baked Tator Coins Steamed Corn Applesauce | Mr. Ribb on a Bun Scalloped Potatoes Steamed Wax Beans Fruit Cocktail | <u>Breakfast at Lunch</u> French Toast Sticks / Syrup Sausage Tri-Tator Orange Slices | Sub Sandwich Baked Chips Fresh Vegetables / Ranch Grapes | Cheese Stuffed Breadsticks Marinara Baked Potato Wedges Steamed Peas & Carrots Pineapple Cookie |
| 21 | 22 | 23 | 24 | 25 |
| Kernel Big Dawg WW Bun Baked French Fries Glazed Carrots Apple | Tacos Hard and Soft Shells Spanish Rice Steamed Corn Peaches | Chicken Fried Steak Mashed Potatoes Country Gravy Steamed Peas Banana | Baked Potato Bar Ham, Broccoli, Bacon Bits, Nacho Cheese, Sour Cream Dinner Salad with Ranch Pears | Pizza Fresh Vegetables with Ranch Mandarin Oranges Cake |
| 28 | 29 | 30 | | |
| Chicken Strips Baked Beans Steamed Corn Fruit Cocktail | Scalloped Ham and Potatoes Dinner Roll Steamed French Green Beans Applesauce | Foot Long Baked Potato Wedges Glazed Carrots Banana | | |

Available Daily

Fresh or Canned Fruit

All meals served with milk

CHOICES

Monday – Chicken Nuggets

Tuesday – Cheeseburger

Wednesday – Hot Pocket

Thursday – Chicken Patty

*Menu subject to change

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